



## California Triple Crown Rider History



Rider Name: LISA-SUSAN MCPHATE

CITY, STATE: OAKLAND, CA

Age as of today: 59

Gender: F

PRIMARY CLUB: GRIZZLY PEAK CYCLISTS

SECOND CLUB: SAN FRANCISCO RANDONNEURS

FIRST CTC DOUBLE: 2006 DVF

FIRST CTC WINNER DOUBLE: 2008 ES