# California Triple Crown
# Rider History

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|---|---|
| Rider Name: | ALAN HEFT |
| CITY, STATE: | PHOENIX, AZ |
| Age as of today: | 58 |
| Gender: | M |
| PRIMARY CLUB: | PHOENIX METRO BICYCLE CLUB |
| FIRST CTC DOUBLE: | 2003 KV |
| FIRST CTC WINNER DOUBLE: | 2004 MT |