



## California Triple Crown Rider History



Rider Name: ALYSSA FREAS

CITY, STATE: LA JOLLA, CA

Age as of today: 62

Gender: F

PRIMARY CLUB: SAN DIEGO BICYCLE CLUB

SECOND CLUB: SAN DIEGO CYCLO-VETS

FIRST CTC DOUBLE: 2012 DVF

FIRST CTC WINNER DOUBLE: 2013 WM

FIRST CTC GOLD WINNER DOUBLE: 2013 BL